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**Welcome! Confirm your email.**

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Instagram <registrations@mail.instagram.com>  
Reply-To: Instagram <no-reply@mail.instagram.com>  
To: <arseinedavid@gmail.com>

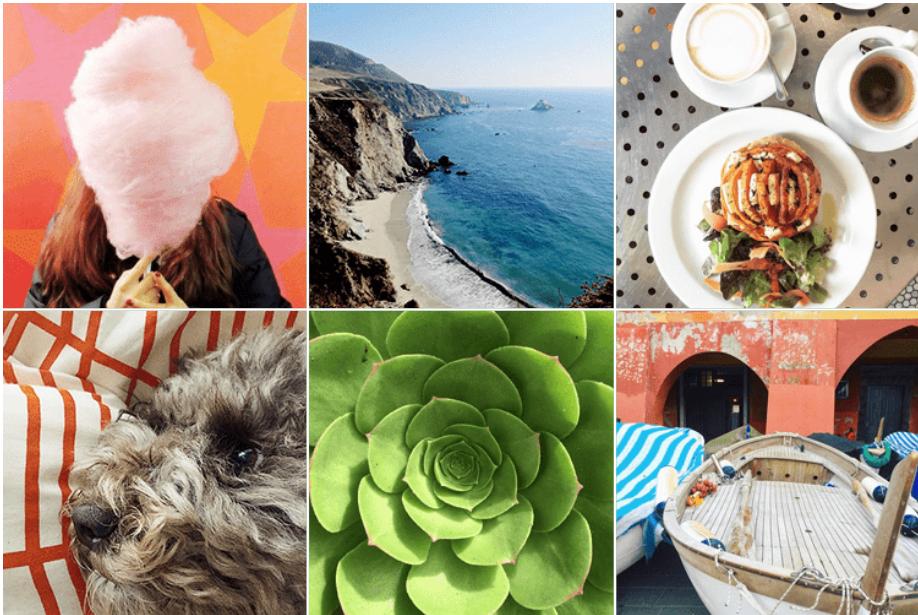
Sun, Mar 3 at 12:15 PM

## Welcome to Instagram, magnolias\_acid

First, please confirm your email address. If you're ever locked out of your account, this will help us get you back in.

[Confirm your email address](#)

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## Choose What You See

Following someone means you'll see the

photos and videos they post. The more accounts you follow, the more great stuff you'll see in your feed. Follow your friends or people who share your interests.

[Find people to follow](#)



## Express Yourself

Share your perspective by capturing and sharing photos and videos from your day, whether it's your morning routine or the trip of a lifetime. Instagram's free filters and tools make it easy to express yourself in new ways.

[Open Instagram](#)



## Explore Your Interests

Visit the Explore tab to find photos and videos from accounts you're not following yet. We'll show you posts you might like, based on your interests and activity on Instagram. You can also find new accounts to follow, so you'll see their posts in your feed.

[Visit explore](#)

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Clicking any of the links above will confirm [@arseinedavid@gmail.com](https://www.instagram.com/arseinadavid) on Instagram.

from  
 **Meta**

[1601 Willow Road, Menlo Park, CA 94025](#)

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